THE GWYDYR MOUNTAIN CLUB NEWSLETTER – EXTRA! EXTRA!





Introduction

Welcome to the January Newsletter - Happy New Year! This is a Double Extra! edition – there's a mountain themed crossword to reignite post-Christmas brain cells, and the updated 'General' Club 'Big List' Thank you to Glenn, Helen Grant, Mike Doyle, Nicki, Steve Swygart, and Sue, those who contributed to the Big List, and as ever DLJ for help with this edition. Please let me have material for the next edition, the final deadline for that is **January 26th.**

Looking Ahead

Here are the upcoming meets venues for January and February, details are on the Club Website. The meets list is constantly being updated, please **check it out regularly** on the Website. Meets added to the programme since the last edition are in bold as a reminder **in case you've missed them...**

24 Dec – 1 January Hut Christmas and New Year Week

9-11 January Pennines Meet Independent Hostel Weekend

30 – 1 February Hut Weekend

3 February Slide Show at Gallaghers – Skiing from a mobile home in the

Dolomites

20 – 22 February Hut Weekend

Focus on Venues

Wuthering Heights! You've read the book, you've used the instant fast-rising Yorkshire pudding mix, now Sue's **Pennines Meet** could give you the chance to visit the place for real!

The Blake Dean hostel lies well up the beautiful valley of Hebden Water, that some of us visited on Sven's meet last March. Straight from the door one could do a variant on Sven's route at mid level, going down Hebden Dale to New Bridge, then north up the valley of Middle Dean coming back via Sunny Bank and the bridleway lane that cuts across Shackleton Knoll.



This is a scene deep in Hebden Dale taken on Sven's trip.

Another possibility would be to go NE from the hostel up Alconden Water, and do a walk I did a while back (I started from the small car park at Clough Foot). The two lower reservoirs in the Walshaw Dean set make a pleasant circuit with a nice remote feel.

Part of it is on the Pennine Way and me being me I followed this further north from the reservoirs across a route that was a bit uncertain at the start, to make the bleak moorland top of Round Hill, and then returned the same way. This is the view in Walshaw Dean in late winter.



That was walk enough for me, given I'd driven over from Gisburn. If one wanted to go further, the northwards continuation of the Pennine Way below the gap east of Round Hill takes you down to the ruins of Top Withins, and further on lies the Bronte Waterfall. I've been to these places from the north only, so will leave it to you to decide how practical it is to visit these places from Walshaw Dean. There are plenty of paths.

Top Withins, whose ruins are pictured here (credit shutterstock.com) looking suitably



atmospheric at sunset, is said to be the inspiration for Emily Bronte's story.

The Bronte waterfalls shown right (*credit tripadvisor.co.uk*) was a place that the Bronte sisters often visited on their walks from Haworth parsonage.

It's a while since I've been there, but what sticks in my mind are the signposts in Japanese and the number of Japanese tourists there. The novel is very popular in Japan where it's apparently called 'Arashigaoka', which disappointingly just means 'wuthering (i.e. stormy) heights'.

There's also lots to do on the western side of the Hebden Water valley where there's a dense network of paths in a wild moorland setting with some small crags.

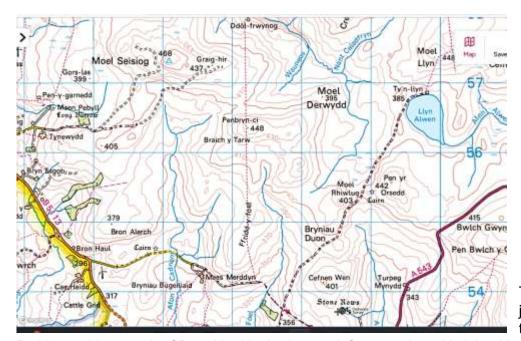
There's a lot coming up at **the Hut**, so here is another idea of something to do if the weather isn't totally playing ball. This is an out and back walk I've done when it's



been dry or dry-ish – it's very exposed to the weather, but the cloud is down on the bigger hills. It's east of the hut on the way back to the Wirral so very often I've done it in that context.

The scenery is wild moorland, not spectacular I guess, but the sort of wild country I like. I don't remember ever meeting anyone on it! Most of the way is on a good path or landrover track.

Here's a map (credit osmaps.com):



There's room for just one car really to get off the

B5113 road just south of Bron Haul in the bottom left, near where it's joined by the minor road – an approximate GR is 849544. Then one walks up the minor road and carries along the track above the farm of Maes Merddyn. The 1:25K map makes it clear that the track goes on to join another coming up from the south, just north of point 356m. Turn up this and follow it NNE to Llyn Alwen.

I generally take in the moorland tops of Moel Rhiwlug and Pen Yr Orsedd en route. Not being out at the hut much these days it's a while since I've done the route, but the 1:25K extract below from *osmaps.com* indicate the fence patterns are still as clear as when I last did it. It's

Pen yr Orsedd

Moel Rhiwlug

Sheepfold

Sheepfold

just a case of avoiding the fence lines on out and backs.

The ground to both summits is easy rough grassland, and the diversions are short.

Llyn Alwen is a lovely peaceful spot with a ruined cottage, Ty'n-llyn, as shown in the photo below (*credit*

theplaceswherewego.blogspot.com). The same website shows that the cottage had a boathouse and was on the 1888-1913 OS map, but little else seems to be known. My guess is that it was some form of base for fishing as well as being for agricultural use.

When I backpacking across from Flint Castle to Maentwrog I had one night wild camping

here, it was brilliant, a rippling lake under moon and stars.



Coming up at **Gallaghers** is **Steve Swygarts slide show** on ski-ing in the rugged Dolomites. Steve says it's about more than the skiing! Steve takes great photos so it should be a visual treat.

Grand Days Out (and In) - Recent Meets Highlights



Nicki writes 'A belated thank you to John Driver and to Zahida for a fabulous feast at last weekend's **Asian themed meet**. I didn't get chance to take many photos - I was too busy swimming, doing yoga, hand massaging and having a henna design drawn on my hand by Zahida's lovely daughter, Humaira'

The weather on this trip was rather unkind for hill activities, but on the Saturday some of the party made it into the cwm on Siabod to support the wild swimming!

This is the top lake, back in the day I swam there myself in summer...on a sunny day but my was it cold! And I regularly ran aground too... Not being a strong swimmer I stayed in my depth and did't venure as far out as this!

The weather was also in challenging mood for the **Silver Navigation Course** weekend at the hut, led by Christy. Glenn told me that he enjoyed the course and had learnt a lot, and filled me in on some of the detail.

After a short initial indoor session the course was in the field. Much of the action was in the complex area north of the Llugwy Valley towards Y Crimpiau.







In broad terms the course focused on the practical integration of pacing, map, and compass skills with an appreciation that although very good, the OS are not infallible. Totally new to me was Glenn's account of 'boxing', a technique for getting around difficult ground while staying on a true overall bearing.

The night section involved close attention to these techniques and in particular 'aiming off' to capture easily identifiable features as landmarks. I've never had any real training or experience in night navigation and the photo above certainly brought me up short!

Each person was allocated to lead sections of the walks, and on one of his Glenn went astray, he said he learnt from having to recover from this error. The wild weather experienced on the second day was in fact useful in testing out navigation in unfavourable conditions.

Helen Grant posted 'Thanks Dave for an enjoyable 7 mile **Wirral walk** today around Arrowe Park and Greasby starting and ending at the Cherry Orchard for Xmas drinks • •

We took in the historic part of the Park first – here is the group outside the main gates, these we think – there's no evidence I could find against – are original dating from around 1835.



We then went out into the countryside, down the Arrowe Brook to the north end of Upton Meadow, back again and out by the farm track east of Limbo Lane, eventually coming back to the Park by way of Limbo Lane itself and Neilson's plantation.

Bird highlights were a cormorant on the lake, a jay, and a skein of pink footed geese.

As Helen Grant's shot on the next page shows we had good weather but some very muddy going in places.





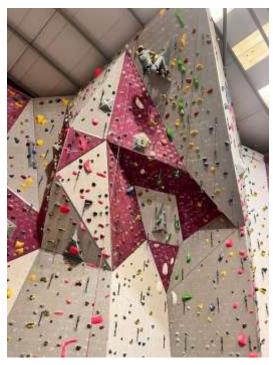
Finally into the warmth of indoors! Helen G also posted this super picture of Clare reaching the top of a climb on a regular **Boardroom Indoor Meet**.

The **Christmas Meal at Gallaghers** attracted about thirty people and majored on pizza – my favourite Italian food.

And as we go to Press Mike Doyle reports 'At the **Boardroom Climbing Comp**, Melinda and Clare prevailed jointly to win the voucher. Well done to them. Then we all retired for a very good lunch'. From the photos I reckon there were around a dozen entrants

Mike's picture of Richard as competition organiser shows him with a well earned burger!





EXTRA!

NEW YEAR MOUNTAIN CROSSWORD...by Dave Gray

I've never had a go at creating a crossword before so thought I'd take the opportunity to have a go! The result disobeys a couple of classic rules like symmetry and order of clues but that's just tough!

The theme is mountains, all the answers are either hills or mountains, or ranges. The scope is worldwide, but mostly UK, and only a couple of answers are outside the mainstream.

The clues are wholly or partially cryptic unless indicated otherwise. I'm not the greatest solver of these things and always appreciate a bit of help – so **good entry points include 2 down**, **16 down**, **and 11 across**, they also give access to other clues.

There's no prizes so please use any help as much as you want – I had to research to confirm a good few of the clue elements, so don't hold back on research!

For those who have access to Word, there's a separate document we will provide showing the clues and grid for convenience. So if you don't want to print off the grid page from the newsletter you can put the entries into it on screen in Word. For those using a Mac I'm hoping that it allows one to convert a PdF or Word document to whatever a Mac does! It should do at Apple's sort of prices!

I'll ask David LJ to send out answers around the end of January. Should you not want to wait, drop me an email and I'll send you an advance copy, but no spoilers please!

Here goes!

Across clues

- **1 Across** (4,3,5) Highland summit and arete you could say it's an exact Scottish version of Crib Goch
- **5 Across** (5,4) Highest world summit attained prior to 2 down Mr Sunak's gorge takes you to a Sanctuary and then to this mountain, sacred to Hindus
- **9 Across** (3) and **16 Across** (6) A Piz of the Bregaglia. Anglophones might fear it's a bad French island, but Italians hear it's simply a type of shovel!
- 10 Across (4) see 21 Down
- **11 Across** (7) gave its English name to a promiscuous Welsh royal 'snapper' now divorced and deceased. Vanessa Kirby or Helena Bonham Carter are sure to help.
- **13 Across** (6) straight up this summit is often called 'The Welsh Matterhorn'. Maybe start at Croesor?
- **15 Across** (6) Mr Odin and Mr Thor et al? Well their legendary home towers on Baffin Island these days.
- 16 Across (6) see 9 Across

- 18 Across (7) another straight arrow. This mountain is the Slovenian equivalent of 11 Across
- **22 Across** (6) **see 3 Down**

Down Clues

- 2 Down (9) 8000m peak. Climbed 1950 to set a new worldwide height record. Straight up!
- **3 Down** (3) and **22 Across** (6) Ruddy Hell! All these boulder slopes! And in the Lake District...!
- **4 Down** (6) **add to 16 Down** to make the southernmost Munro. Has the full shortbread kit: a famous Loch of the same name plus bonnie banks, braes etc...
- **6 Down** (4) again **add to 16 Down** to make a rugged NW Highlands summit. Yemeni sailors might turn up here by accident
- **7 Down** (6) Heading South again, like Furthest South for a mount that's one of Seven Summits.
- 8 Down (4) see 10 Down
- **10 Down** (6) scramble up 'a' and 'niger' to get two mountains north of Bala **8 Down** tells you it's the big one.
- **12. Down** (6) in an isolated state but it's by far the biggest 'Big Mc' in the USA. Here though it's the original native name that's used.
- **14 Down** the heavy off road trucks are made in Czechia but the mountains are very firmly in Pole position!
- **16 Down** straight up this one too! The commonest generic term for a Highland hill in its simplest spelling for Sassenachs.
- **17 Down** (5) In the names of several English hill groups counterintuitive?
- **19 Down** (3) an unusually named southern Peak District hill. Touch your inner American and meditate on your Second Amendment Rights...
- **20 Down** (4) **add to 16 Down** to get a major Cairngorm summit. I'm hearing a strong lead on an English/Welsh place name origin somewhere, plus the doorbell ringing cosmetical
- **21 Down** (2) **fronts up 10 Across** to make a shapely North Wales peak. Last in line if you're traversing the 11 Across massif north to south.

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EXTRA!

REVISED/UPGRADED GMC 'BIG LIST' (GENERAL LIST)...Revised November 2025



Here as promised a fair way back is a revised 'Big List.' Thanks to everyone who has helped with this especially by providing new information and advice. New entries on the list are in green text.

As reminder this list includes things done by people who were **members**, **future**, **or past members** at the times concerned; and done with the Club or otherwise. **It is informal and subjective**. There are no absolute rules as to what counts as major.

That said, **this list is selective** and in particular does not attempt to show exhaustively everything our most active and/or proficient members have done; and it is **illustrative** on the basis of showing peoples' achievements in both relative and absolute terms. So, for example, an individual munro would not generally feature for a munro completer, or a person who majors and leads in another field, but for some people doing difficult or remote munro trips might be a major thing.

On **grounds of space the list leaves out** Welsh 3000's material which is recorded elsewhere. And where a single name is shown it does not necessarily mean a solo ascent or venture: it may simply be (and is usually) that other members of the party were not GMC members.

Having taken soundings, the original idea for including **rock and winter climbing** in this list hasn't yet borne full fruit. That is possibly because the largely 'route based' nature of climbing meant that it didn't fit easily with the format and approach of this 'General List' that started life – by default – focusing on mountain summits, walking, and similar pursuits. So, there'll be a 'sister' Big List for rock and winter climbing that will have its own format and style, and a draft of that has already gone out under separate cover for our climbers to review and hopefully extend.

Perhaps reflecting its genesis in a pub, the original list was also a bit haphazard in places in the order people appeared in the categories – so I have taken the opportunity to bring some consistency to this by putting people in alphabetical order of their given names. A couple of minor errors and omissions have also been silently corrected.

I have also for the more distant/less well-known overseas areas added the country concerned to the entry – I for one get a bit confused as to where some mountains are!

Hills and Mountains	
"Seven Summits" (Continental)	
Everest	Andy Chapman
Aconcagua	Andy Chapman; Bill Sutherland; Sue Taylor
Kilimanjaro	Andy Chapman; Bryan Gilbert; Helen Beddows; Kev McEvoy; Mike Borland; Mike Dagley; Mike Gilbert; Paul Sinclair; Pete Smedley Tom McEvoy
Mt Vinson	Andy Chapman
Mt Elbrus	Bill Sutherland
Mt Kosciuszko	John Huxley
Other 8,000m peaks	
K2 (1st British Ascent)	Alan Rouse
Cho Oyu	Andy Chapman
Broad Peak	Alan Rouse
Other (Overseas) Country Summits	
Chimborazo (Ecuador)	Chris Harris; John Simpson; Richard Merry
Mt Alexandra (DR Congo)	Bryan Gilbert; Mike Gilbert
Mt Blanc (France/Italy)	Bryan Gilbert; Christine Smyth; Helen Swygart; Mal Bonner; Mal Lamb; Mike Gilbert; Ronnie Harvey;
Mt Cameroon (Cameroon)	Helen Beddows
Mt Kenya (Kenya)	Bryan Gilbert; Mike Doyle; Mike Gilbert
Djebel Toubkal (Morocco)	Adele Samuel; Adrian Samuel; Angela Price; Bryan Gilbert; Jon Foulkes; Kev McEvoy; Lin Jensen; Lindsey Fooks; Mike Gilbert; Paul Jensen; Steve Birch; Sue Taylor; Tom Humphreys; Tom McEvoy
Mt Rysy (Poland)	Bryan Gilbert; Helen Brady
Mt Fuji (Japan)	Laura Barley; Mark Barley
Triglav (Slovenia)	Ross McGraw
Other major summits (and routes)	
Europe	
- Scotland	
Cuillin Ridge traverse, Skye	Andy Chapman; Chris Harvey; David Lane-Joynt
Old Man of Hoy	Alan Cowderoy; Leigh McGinley; Roger "Bunty" Hughes; Tom Jones
Old Man of Stoer	Leigh McGinley; Roger "Bunty" Hughes
- Western Alps	
Eiger (Mittelegi Ridge)	Alan Rouse; Chris Harvey, Fred Heywood; Helen Swygart

Jungfrau	Hugh Nettleton; Helen Swygart; Mike Doyle; Mike Gilbert
Monch	Bill Kelly; Helen Swygart; Hugh Nettleton; Mike Borland; Mike Doyle; Mike Gilbert,
Matterhorn	Helen Swygart
Zinal Rothorn	Steve & Helen Swygart
Ober Gabelhorn	Steve & Helen Swygart
Wetterhorn	Hugh Nettleton; Mal Bonner; Mike Gilbert
Gran Paradiso	Bill Sutherland; Ronnie Harvey; Mal Lamb;
Grandes Jorasses (Walker Spur)	Fred Heywood
Petit Jorasses (W Face)	Bryn Roberts (the Elder)
Aiguille de Chardonnet (Forbes Arete and W face traverse)	Alan Cowderoy; John Hall

Aiguille de l'M (Menegaux route)	Alan Rouse; Fred Heywood;
Aiguille de l'M (NNE arete)	Maurice Ewing; Nick Parry
Aiguille du Dru (Bonatti Pillar)	Bryn Roberts (the Elder); Nick Parry
Aiguilles du Dru Traverse	Chris Harvey
Dent du Geant (SW Face)	Steve & Helen Swygart
Dent du Requin, Chamonix Aiguilles	Alan Rouse; Fred Heywood; Maurice Ewing; Nick Parry
Tour Ronde, Mont Blanc Massif (SE Ridge)	Steve & Helen Swygart
Aiguille du Tour	Gill Beamer; John Beamer; Les Fowles
Aiguille du Midi (Cosmiques Arete)	Mal Lamb; Mike Doyle; Ronnie Harvey
Mont Blanc du Tacul	Mal Lamb; Ronnie Harvey
Mont Blanc du Tacul (Gervasutti Pillar)	Bryn Roberts (the Elder); Tony McGowan
Aiguille Crochues, Aiguilles Rouges	Christine Smyth; Helen Beddows; Nuala Dunn
Mont Buet	Anna Roberts, Charlotte McCoy, David Lane-Joynt, Geoff Brierley, Kev McEvoy, Sue Taylor
Dent Blanche	Pete Mann
Point de la Galise, Graian Alps (SW & WNW Ridges)	Steve & Helen Swygart
Pointe Francesetti, Haute Maurienne	Steve & Helen Swygart
Aiguille de la Vanoise	Steve & Helen Swygart
Barre des Ecrins	Ronnie Harvey
La Meije	Mal Bonner
Pic Coolidge	Mal Bonner
- Eastern Alps	
Schrankogel (Stubai Alps)	Steve & Helen Swygart
Rotkogel (Otzal Alps, Tyrol)	Steve & Helen Swygart
Schwartzeekogel (Otzal Alps, Tyrol)	Steve & Helen Swygart
Piz Badile (NE Face, Route Cassin)	Bryn Roberts (the Elder)
Slemenova Spica (Julian Alps)	Dave Gray; Mike McEneany

- Pyrenees				
Pico D'Aneto	Andy Chapman; Melinda Kinsman			
Monte Perdido	Paul Smyth			
Pico de Posets	Paul Smyth			
Pic du Taillon	Bill Sutherland; Dave Gray; Les Fowles; Mike McEneany; Neil Harris; Sue Taylor			
- Caucasus				
Mt Orubashi	Bill Sutherland			
Mestia Peak	Bill Sutherland			
Asia				
Ama Dablam (Nepal)	Andy Chapman			
Charissa (1st Ascent) (Kyrgyzstan Pamirs)	Mike Doyle			
Imja Tse (Island Peak) (Nepal)	Andy Chapman; Melinda Kinsman; Mike Gilbert; Richard Kinsman			
Jannu (Nepal)	Alan Rouse			
Kartan Aughuze (1 st Ascent) (Kyrgyzstan Pamirs)	Mike Doyle			
Khan Tengri (China-Kyrgyzstan-Kazakhstan border, Tien Shan)	Andy Chapman			
Lobuje East (Nepal)	Melinda Kinsman			
Mera Peak (Nepal)	Bryan Gilbert; Mike Gilbert			
Mount Kongur (1st Ascent) (China)	Alan Rouse			
Naya Kanga (Nepal)	Andy Chapman; Mike Gilbert			
Pik Korzhenevskaya (Tadjikistan Pamirs)	Andy Chapman			
Australasia				
Mitre Peak (Milford Sound NZ)	John Huxley, Rob Payne			
Mount Hobson (Great Barrier Island NZ)	Steve & Helen Swygart			
Antarctica				
Mt Sidley	Andy Chapman			

The Americas				
Cayembe (Ecuador)	John Simpson; Richard Merry			
Cotopaxi (Ecuador)	Chris Harris; John Simpson; Mal Bonner; Richard Merry			
Half Dome (Yosemite, USA) (Snake Dike Route)	Mike Doyle			
Hallet Peak (Colorado Rockies, USA) (Tyndall Glacier Route)	Steve & Helen Swygart			
Long's Peak (Colorado Rockies, USA)	Steve & Helen Swygart			
Pike's Peak (Colorado Rockies, USA)	Steve & Helen Swygart			
Illiniza (Ecuador)	Mal Bonner			
Imbabaru (Ecuador)	Chris Harris; Helen Grant; Richard Merry; Richard Smith			
Mt Hunter (Alaska Range, USA)	Chris Schiller (1st British ascent of SW ridge)			
Mt Washington (White Mountains, USA)	Bryan Gilbert; Mike Gilbert			
Mt Whitney (Sierra Nevada, USA)	Dave Gray; Gill Beamer; Greg Leasor; John Beamer; June Ewing; Mark Mitchell; Maurice Ewing; Mike Doyle; Nuala Dunn; Richard Kinsman; Reg Cromer			
Tower of Paine (Argentina)	Leigh McGinley			
Tungurahua (Ecuador)	Mal Bonner			
Yanaurcu (Ecuador)	Chris Harris; Helen Grant; Richard Merry; Richard Smith			
Hill Lists				
Munros (Summits)	Bryn Roberts (The Younger); Dave Gray; John Simpson; Melinda Kinsman; Teresa Peddie			
3000's "Furth of Scotland"	Dave Gray			
Irish 3000s in a day	Mike Dagley			
Corbetts	Dave Gray			
English 2000s	Lin Jensen; Paul Jensen			
Welsh 2000s	Lin Jensen; Paul Jensen; Peter Barker			
Wainwrights	Chris Harris; Christy Miles; Glenn Grant; Helen Grant; Jon Murphy; Kay Smith; Richard Smith			
Long Distance Walks				
- In the UK				
SW Coast Path	Neil Harris			
Pennine Way	Bill Kelly; Brian Dibben; John Huxley; Laura Barley; Mark Mike McEneany; Rob Payne; Steve Birch			
English C 2 C	Anne Borland; Dave Gray; Laura Barley, Mark Barley; Marilyn McEneany; Mike Borland; Mike McEneany			
Hadrian's Wall/English C 2 C	Bryan Gilbert; Helen Brady; John Watson			
Offa's Dyke/Welsh C 2 C S-N	Beth Hines; Don McIntosh; John Huxley; John Watson; Nei Harris; Steve Thomas; Sue Taylor			
Welsh C 2 C S-N	Dave Gray			
Glyndwr's Way (Welsh Border 2 Coast E-W)	John Huxley			
Welsh Border 2 Coast E-W	Dave Gray			

Via Ferrata Routes (Guidebook grades				
Swiss Mountain Marathon	Bill Sutherland			
Rakiura Track, Steward Island, New Zealand	Steve & Helen Swygart			
Inca Trail	Laura Barley, Mark Barley			
Gran Canaria C 2 C	Doug Florence			
Tour des Glaciers de la Vanoise	Laura Barley, Mark Barley			
Tour du Mont Blanc	Christine Smyth; Dave Gray; Laura Barley; Mark Barley; Nuala Dunn			
Haute Route (Ski)	Roger Hughes			
Haute Route (Summer)	Glenn Grant; Helen Grant			
GR20 (Corsica)	Chris Harris; Glenn Grant; Helen Grant; Janet Harris			
Pyrenees Haute Route	Dave Cole; Paul Smyth			
- Overseas				
"National 3 Peaks"	Chris Harris; Janet Harris; Mark Mitchell; Mike Dagley			
Fellsman Hike	Fred Heywood; Hilary Pinches; Maurice Ewing; Roger Hughes			
Lyke Wake Walk	Fred Heywood; Janet Coates; John Hall; Les Fowles; Mike Doyle; Phil Cryer			
Cleveland Way	John Huxley; Laura Barley; Mark Barley			
Pendle Way	Hilary Cooper; John Huxley; Les Fowles; Marilyn McEneany; Mike McEneany; Neil Harris; Sue Taylor			
Ribble Way	John Huxley; Neil Harris; Sue Taylor			
Dales Way	Dave Gray; Don McIntosh; Mike Davies; Neil Harris			
Cotswold Way	John Huxley; Peter Chreseson			
The Ridgeway	Don McIntosh; Mike Davies			
Arran Coastal Walk	John Watson			
Scottish C 2 C W-E	Dave Gray			
Southern Upland Way, Scotland C 2 C W-E	Pete Chreseson			
Great Glen Way, Scotland C 2 C W-E	John Watson			
Hebridean Way	John Watson			
Speyside Way	John Watson			
East Highland Way	John Watson			
West Highland Way	Adrian Dolan; Anne Borland; Barbara Reynolds; David Barley; John Watson; Kev McEvoy; Mike Borland; Steve Birch; Sven Reynolds			
TAT TT' 11 1 TAT	Lindsey Fooks; Neil Harris			

Atlantic Crossing Under Sail	Chris Dunn			
Fastnet Race	Mike Gilbert			
Grand Canyon Descent	Christine Smyth; Nuala Dunn			
Devizes/Westminster Canoe Race	Adele Blakeborough			
Cape Taimyr Expedition	John Driver			
River Liffey Descent	Christine Smyth; Mike Dagley; Nuala Dunn			
Cycling				
Cantii Way	Laura Barley; Mark Barley			
Irish Grand Tour	Paul Jensen			
England C 2 C/Way of the Roses	Lin Jensen; Paul Jensen			
England C 2 C/ Trans Pennine Trail	Jane Webster; Steve Birch			
Lands End-John O' Groats	Chris Harris; Glenn Grant; Helen Grant; Steve Birch			
Rebellion Way	Laura Barley; Mark Barley			
"Best Of The Rest"				
South Pole	Andy Chapman			
"Pole of Maritimity"	Mike Gilbert			
"Pole of Continentality"	Mike Gilbert			
Sahara Crossing overland N-S	Helen Beddows			
Mountain and Water Rescue Team Members	Andy Chapman (Wasdale MRT); Chris Dunn (Aberdyfi SART); James Bamforth (SARA); Katie Bamforth (SARA);			
Ranges Visited by the Club				
Africa	Kilimanjaro; Kenya; Ruwenzori; High Atlas; Mt Cameroon; Drakensbergs			
The Americas	Alaska Range (USA); Andes; Sierra Nevada (Calif.); Rockies (Canada); Rockies (US); Baffin Island; Cascades; Coastal Range (US); White Mountains (USA);			
Antarctica	Executive Committee Range; Ellsworth Mountains; Graham Land			
Asia	Himalayas; Karakoram; Pamirs; Tien Shan; Wadi Rum			
Australasia	New Zealand Alps; Australian Alps			
Europe	Caucasus; Western Alps; Eastern Alps (Kaisergeberge, Otzal, Stubai); Dolomites; Julian Alps; Pyrenees; Scandinavian Mts.; High Tatras; Picos de Europa; Alpujarra; Sierra de Gredos; Sierra Nevada; Vosges; Harz; Eifel; Hunsruck; Iceland; Corsica; Canary Islands; Madeira; Mallorca;			